# A Bedtime Story for a better sleep

So you purchased a new mattress from Bridge Interiors. First of all, Thank you, it really does mean a lot to us. Secondly we would like to offer you a few tips on what to expect with your new mattress and how to care for it.

# What to expect

Your new mattress has just met you and will need some time to adjust. Its foam layers and covers are fresh and will arrive to you more firm than the floor model you selected

- \* your mattress from. Like a new pair of jeans or a fresh out of the box pair of shoes, your mattress needs time to become the bed you need it to be so that you can
- \* both get a good nights sleep. Here's some ideas to make the transition easier.

# How to adjust to your new mattress

Air it out. Your mattress is made up of foam and/or coils and will need time to fully expand, soften and off-gas. If you want to speed up the softening process keep it warm, bounce lightly on the mattress, spend time on it reading or watching your favourite movie. The more time you spend on your new mattress the quicker the transition.

# Support for the mattress

New mattresses are packed full of features and materials that make for a better sleep. These materials can be heavy. Make sure you have the proper support. Use a solid base and a supported frame. Many mattress failures are caused by ineffective support. Also, be sure to protect your new mattress from accidental stains and (gulp) dead skin cells, with a certified mattress protector. It will lengthen the life of you mattress and protect it's warranty.

# Support for you

The purchase of a properly fitted mattress is one of the most important purchases you are likely to make. We want you to love it. Call or email us with any questions. We are glad to help.

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